

Terang & Mortlake Health Service's Murray to Moyne cycle relay team - *The Terang Flyers* have been working extra hard on and off the road to train and fundraise for this year's 520km ride from Echuca to Port Fairy.

The team's 2018 goal is to raise up to \$29,500 towards the refurbishment of resident rooms at TMHS' Mount View Aged Care facility that were not included in the recent redevelopment project.

Terang & Mortlake Health Service CEO Julia Ogdin said the 2018 event marks the 31st consecutive year that the Terang Flyers team had participated in the Murray to Moyne event and almost \$350,000 had been raised for the Health Service during that time.

"Our Riders have been stepping up their training programs in recent weeks to ensure they will be strong enough to complete this challenging ride".

The relay is held over 26 hours, with combined total of around of 900 riders leaving from three starting points at Echuca; Swan Hill & Mildura this Saturday morning then riding non-stop through the evening to arrive at the overnight stop in Hamilton around midnight. All riders then saddle up again at 7am to ride the final 91kms to Port Fairy.

"There are 15 riders and five support crew taking part this year and I urge the local community to support our team by sponsoring a rider or participating in the team's golf day fundraiser to be held two weeks before the cycle event." Ms Ogdin said.

She said the team was off to a great start with over \$4,500 pledged in sponsorship so far including an amazing contribution of \$3,000 from the Rotary Club of Terang.

"I cannot speak highly enough of the fantastic ongoing support we receive from volunteer community groups such as the Terang Community Op-Shop and the Rotary & Lions Service Club members who give up so much of their valuable time to raise funds for our betterment of our community. All at Terang & Mortlake Health Service are very grateful for their overwhelming support" Ms Ogdin said.

The team's annual golf day fundraiser will be held this Sunday 25th March. The Terang Golf Club have again generously agreed to host the 12 hole, four person ambrose event.



Anyone willing to sponsor the "Terang Flyers" cycle relay team or register a team for the Golf Day can do so at the Terang Hospital reception desk or by phoning team coordinator Brendan Williams on 0477 311327.