

# Terang & Mortlake Goss Magazine

January 2018 Edition



From the CEO's Desk...

Welcome back to all staff for what I'm sure will be a productive and busy 2018!

For those staff who enjoyed holidays, I hope that you had a restful time. For those staff who worked during the Christmas/New Year period, thank you for your hard work for what can be a busy and challenging time of year for many...

Thank you for your patience regarding the closure of the main staircase. As you may have heard, works to raise the height of the banister and reduce the width of the balustrades has been necessary to comply with fire regulations. Paul Dunn has done a wonderful job ensuring that the works have kept their historic integrity.

The new health service logo became 'live' on the 1st January, 2018. Staff have done an excellent job changing their email signatures in a timely manner. Please remember that existing stationary will continue to be used internally until stocks are depleted.

We are looking forward to welcoming a new apprentice to our Catering Department in future weeks. Kerryn has been interviewing candidates and is looking forward to making a formal announcement shortly. As the team grows, you may see Mick Rudezky assisting the Maintenance Department from time to time.

Congratulations are in order for our speech pathologist Narelle Baehnisch who became Mrs Jukes late last year! We hope that you and your new hubby Liam had a wonderful day! You kept that one very quiet...

Finally, thank you to Jane Fitzgibbon who acted as the Chief Executive whilst I was on leave.

Thank you to all staff and volunteers who do a wonderful job providing excellent care and services to our community.

**Julia C. Ogdin**

**Chief Executive**

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# Mortlake Musings...

The annual Mortlake Christmas Parade was held on Friday December 15th. Staff, families & friends of the Mortlake Campus represented the Health Service with the inclusion of a decorated district nursing car and a wheelchair full of bottled water which was distributed to the crowd during the parade. The parade is organized by the Lions Club and it was estimated that there were over 400 people in attendance to witness 17 floats parade in the main street of Mortlake. A fun evening was enjoyed by all at this fantastic community event.



# TMHS Staff Christmas Party



Approximately 60 staff attended the Christmas Party which was held at the Terang Bowling Club in perfect weather conditions.

The event proved to be a very friendly one and a lot of fun was had. Whilst Margaret Sumner was in attendance to offer advice and guidance for our bowling, it would not appear that her many titles are in any danger at present .....

Many thanks to Sarah & Brendan Williams for their organization and the Golf Club for catering.



## Riskman—Reminder

All staff need to log on and register with risk man; if having trouble please call Gaye Sanderson or ask your line manager for assistance

# STAFF - WELCOME & FAREWELL

## Welcome: Madeline Kenna

**Pictured - Madeline Kenna** - Casual Enrolled Nurse

A warm welcome to TMHS Madeline



## Farewell: Barbara Hill

After almost 18 years at TMHS we bade farewell to Barbara Hill at the Christmas party . Her smiling face will be very sadly missed; however, we wish her happy times and many new adventures in retirement.



## The Holloway Tree

Further to the article in the last edition of “Goss” the lovely ladies at Civic Medical provided some information on Dr. Stuart Holloway.

Dr Stuart Holloway arrived in Terang with his wife Sheila and three children in June 1961. He was born and studied in England working there prior to undertaking work in North Rhodesia in 1951 ; residing and practicing there until 1958 . Following this he returned to England for a period prior to his immigration to Australia. Initially Dr Holloway worked at the Terang Clinic but in later years operated from his own surgery in Bolivar Street.

Dr Holloway was well respected and it was not unusual to find a dozen eggs, a box of freshly picked vegetables or a pair of freshly skinned rabbits in his letterbox, labelled simply “Doc”. Dr Holloway would explain to his children that there were many who struggled to pay his account and this was their means of showing appreciation. His work as a surgeon was the most dominant part of his life and something he was passionate about. He provided his medical care with empathy and skill. He considered spending hours in his workshop constructing a temporary prosthesis for someone whose limb he had had been forced to amputate as all part of the service.

Dr Holloways wife Sheila was involved with the Hospital Auxiliary, being president in 1972.

Dr Stuart Holloway’s life came to a sudden and natural end on 5th July 1984 when he quietly passed away at home aged only 63. He is remembered by those who knew him as a quiet and passionate man with unending patience and great professional expertise.

How lovely that we now have the magnificent Holloway Tree dedicated to this wonderful contributor to our health service.

# Mt View Happenings

## Mount View Christmas Raffle Winner



Winners of the 2017 Mount View Christmas Raffle

1st prize Jill Overweter

2nd prize Chris Parkinson

*Congratulations; we hope you enjoyed your prizes*



*Mardi Brown entered this magnificent iris grown in the Mount View garden into the Noorat Show. The Iris won first prize, well done Mardi and residents.*

*Shirley Blain was highly Commended for her Artwork entry at the Noorat Show. Congratulations Shirley*



## **HOT WEATHER & TOTAL FIRE BAN**

**On days of extreme heat or if the day has been declared a day of TOTAL FIRE BAN; please familiarise yourself with the TMHS Fire Plan and ensure that you keep up your fluids and check on those living alone.**



# Kitchen Capers

The two “Micks” recently whipped up a selection of rice paper rolls for the Christmas Board Meeting.

They did a fabulous job, and the rolls were extremely popular. TMHS are very lucky to have such competent catering staff. The recipe is below.



## Rice Paper Rolls:

### Ingredients:

- 12 round rice papers
- 1 Lebanese cucumber , cut into short, thin strips
- 1 small red capsicum, cut into short, thin strips
- 1 large carrot, cut into short, thin strips
- 100 g rice vermicelli or rice noodles
- 1/4 cup mint leaves very finely chopped
- Chopped chicken, duck, prawns

### To assemble:

Place all the above apart from the rice paper rolls in a bowl and mix gently

Soak the rice papers (one at a time) in warm water for 30 seconds, rest on a flat surface and place some mixture halfway between the bottom & Centre of the paper, then turn up the bottom of the wrapper to cover the filling. Holding the filling in place, fold in the two sides, then roll up. Repeat.

Serve with Sweet Chilli sauce mixed with a little soy sauce

# Australia Day—26th January

Australia Day is the official National Day of Australia. Celebrated annually on **26 January**, it marks the anniversary of the 1788 arrival of the First Fleet of British ships at Port Jackson, New South Wales and the raising of the Flag of Great Britain at Sydney Cove by Governor Arthur Phillip.

In the early 1880s the day was known as 'First Landing', 'Anniversary Day' or 'Foundation Day'. The day often involved re-enactments of the First Fleets arrival. It later became Australia day and was celebrated on the closest Monday to January 26th. Since 1994, the **Australia Day** public holiday has been celebrated on January 26 throughout the country.

*Australia Day* is about acknowledging and *celebrating* the contribution that every Australian makes to our contemporary and dynamic nation.

Enjoy your Australia Day.....



## TMHS New Logo

The New Logo is effective from 1st January 2018. Please ensure that you have updated your email signature panels and any electronic stationary. If you require assistance please contact Sue Wines on ext 20261 or Janine or Sally in the main office

